



PROGRAM MANAGEMENT HEALTH PROMOTION POLICY NUTRITION EDUCATION

# **ePost Graduate Program** in Public Health Nutrition

## **eLearning Program**

Course Duration: One Year

Offered by: Indian Institute of Public Health-Delhi

## ePost Graduate Program in Public Health Nutrition

#### **OVERVIEW**

PHFI's intensive one year eLearning program is focused on providing comprehensive training in Public Health Nutrition (PHN) in a global setting coupled with an exposure to a number of topics and in a range of contexts.

#### **BACKGROUND**

Population based approaches have been the mainstay of research in the field of nutrition for decades. However, in an age of growing health consciousness and fitness, public health nutrition (PHN) workforce development is increasingly becoming a global focus. In an effort to provide direction to nutrition research in the country and with the objective of contributing towards training future leaders in the field of nutrition, the Public Health Foundation of India (PHFI) launched a post graduate program in PHN in the year 2010 for the benefit of all stakeholders. Its debut was met with unprecedented success and positive feedback and it is well posed on the academic and knowledge sharing landscape.

#### **COURSE DESIGN AND DURATION**

Designed as a one year ePost Graduate program, the course focuses on the following:

- Fundamentals of food science and nutrition
- Food safety, health promotion and nutrition education
- Nutrition policy and program planning, community based nutrition interventions/innovations
- Nutrition epidemiology and research methods

#### **ELIGIBILITY**

- The course is open to the following candidates:
- Graduates in all disciplines, especially public health, nutrition and medicine
- Paramedical personnel, including nurses, social workers, public health educators and health assistants
- Researchers from nutrition and allied fields, including clinicians involved in nutrition research
- Nutrition program related practitioners in the public and private sectors

Eligible candidates would be screened, based on their application and statement of purpose, by a specially constituted selection committee. Decisions taken by the selection committee will be final. Preference will be given to inservice candidates from the central and state governments.

#### **COURSE OUTLINE**

This program aims to provide comprehensive training in public health nutrition in a global setting with the choice of

specializing in number of topics and in a range of contexts. It provides an integrated program covering dietary, epidemiological, public health, social and biological aspects of nutritional science. Special topics include biostatistics, maternal and child nutrition, food policy, nutrition program planning, monitoring and evaluation and nutritional epidemiology. This course is particularly suitable for people whose employment overlaps the nutritional area such as program managers, health care workers, medical practitioners, dieticians, pharmacists, nurses, health educators and teachers. This course is also open for those who wish to avail themselves of contemporary ideas in human nutrition.

## TEACHING & COURSE DELIVERY METHODOLOGY

The course is delivered in the hybrid/blended learning mode, i.e. through a mixture of recorded and live eLearning sessions conducted by faculty members with students logging in from their location. The offline components of the course (a written manual) is complemented by online lectures (online sessions using power-point presentations).

#### **SYSTEM REQUIREMENTS**

- Internet Bandwidth: 1 Mbps
- Processor: Intel Pentium 4 or equivalent and above
- RAM: 512 MB and above (1 GB recommended)
- **Supported browsers:** Recent Google Chrome, recent Mozilla Firefox, Safari 6, Internet Explorer 9,
- Latest Adobe Flash Player
- **Supported Operating Systems:** Windows XP, Windows Vista, Windows 7, Mac OS, Linux, iOS, Android, etc.
- Headset with microphone (web camera optional)

#### **EVALUATION**

Students will be evaluated through a combination of individual module assessments and a Final Examination at the end of year.

#### **COURSE FEE**

Candidates	Course Fee
Indian Nationals	₹ 36,000 (INR)
South Asian Nationals	\$ 600 (USD)
Other International Candidates	\$ 1,200 (USD)

## ePost Graduate Program in Public Health Nutrition

#### Other eLearning Programs offered by PHFI

S.No	Name of the Program	Duration	Offered at
1.	ePost Graduate Program in Epidemiology	1 year	IIPH-Delhi
2.	ePost Graduate Program in Management of Reproductive and Child Health Programmes	1 year	IIPH-Delhi
3.	ePost Graduate Program in Health Promotion	1 year	PHFI
4.	ePost Graduate Program in Public Health & Hospital Management for Nursing & Allied Health Professionals	1 year	IIPH-Gandhinagar
5.	ePost Graduate Program in Public Health Services Management	1 year	IIPH-Bhubaneswar
6.	ePost Graduate Program in Health Economics, Health Care Financing & Policy	1 year	IIPH-Delhi
7.	eCourse in Research Methodology	6 months	IIPH-Gandhinagar
8.	eCourse on Monitoring & Evaluation of Health Programs	6 months	IIPH-Delhi
9.	eCourse on GIS Application in Public Health	6 months	IIPH-Delhi
10.	eCourse in Public Health Surveillance	6 months	IIPH-Hyderabad
11.	eCourse on Public Health Development for ICDS Officials	6 months	IIPH-Delhi
12.	eCourse in Advanced Hospital Management	6 months	IIPH-Gandhinagar
13.	eCourse in Health, Safety & Environment Management	4 months	IIPH-Gandhinagar
14.	eCourse in Clinical Research Methods	4 months	IIPH-Delhi
15.	eCourse in Research Ethics	3 months	IIPH-Delhi
16.	eCourse on Tobacco Control	3 months	PHFI
17.	eCourse in Effective Grant Writing in Public Health	3 months	IIPH-Gandhinagar
18.	eCourse in Public Health Disability and Research	3 months	IIPH-Hyderabad

#### **Unique Features of PHFI Centre for eLearning**

- State of the art Learning Management System
- Multidisciplinary faculty
- Self-paced learning
- Competency-driven curriculum

- Enriching virtual classroom experience
- Collaboratively developed programs with national and international organizations
- $\ensuremath{\diamondsuit}$  Wide range of programs in key areas of public health practice

Online Application Application Status Monitoring Automatic Email Notifications Online payment via payment gateway

Automatic Student Registration in LMS

Online Lectures & Assessments Validation of Online Certificate

## ePost Graduate Program in Public Health Nutrition

#### **On-Campus programs offered by PHFI**

Name of the Program	Duration	Offered at
PhD in Public Health	Min. 3 years	IIPH-Gandhinagar
Integrated MSc & PhD in Clinical Research	2 years for MSc and min. 3 years for PhD	IIPH-Delhi
Integrated MSc & PhD in Health Informatics	2 years for MSc and min. 3 years for PhD	IIPH-Hyderabad
Master of Public Health (MPH)	2 years	IIPH-Delhi IIPH-Gandhinagar IIPH-Hyderabad IIPH-Shillong IIPH-Bhubaneswar
Master of Hospital Administration (MHA)	2 years	IIPH-Gandhinagar
Post Graduate Diploma in Public Health Management (PGDPHM)	1 year	IIPH-Delhi IIPH-Gandhinagar IIPH-Hyderabad IIPH-Bhubaneswar
Certificate Course in Community Health (CCCH)	6 months	IIPH-Gandhinagar
Certificate Course on Geriatric Health Caregiving (CCGHC)	4 months	IIPH-Gandhinagar
Certificate Course in Public Health Management (CCPHM)	3 months	IIPH-Bhubaneswar
Associate Fellow of Industrial Health (AFIH)	3 months	IIPH-Gandhinagar



For program related queries, please contact:

#### **Senior Program Officer (eLearning)**

Public Health Foundation of India Indian Institute of Public Health-Delhi

Plot No. 47, Sector No. 44, Institutional Area, Gurugram—122002, Haryana, India Tel: +91 124 4722900; Email: phnmanager@phfi.org

For more information & Online Application, please visit: https://cdl.phfi.org Website: www.phfi.org