



OFFERED BY  
Indian Institute of Public Health-Delhi  
Public Health Foundation of India

Partners



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## THE COURSE

Undernutrition affects mothers and children alike, leading to poor health outcomes among mothers, as well as substantial morbidity and mortality among children. Malnutrition has an intergenerational effect and can continue to be a significant scourge, if ignored.

A critical component towards improving this situation is the knowledge of healthcare providers including medical practitioners, undergraduate and postgraduate students, nursing staff, nutritionists as well as all those working in the field of health and nutrition in optimal Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN) and the translation of this knowledge into practice.

The Indian Institute of Public Health Delhi (IIPH Delhi), the Public Health Foundation of India, in collaboration with Alive & Thrive and WeCan with contributions from Food, Drugs and Medico-Surgical Equipment Committee of FOGSI, Indian Academy of Pediatrics (IAP-IYCF Chapter), Indian Society of Perinatology and Reproductive Biology (ISOPARB), Human Milk Banking Association, Indian Association of Preventive and Social Medicine (IAPSM) and Nutrition International developed an eLearning course on Maternal, Infant, Young Child and Adolescent Nutrition (MIYCAN). This course would sensitize participants on the importance of first 1000 days of life with specific emphasis on the critical importance of maternal nutrition, breastfeeding, complementary feeding, adolescent nutrition, health systems protocols and evidence-based approaches for quality MIYCAN programming.

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## WHO SHOULD ATTEND?

The course is open (including but not limited) for:

- **Clinical practitioners\***
- **Nursing staff**
- **Undergraduate and post graduate medical\*, nursing and public health students**
- **Public health professionals working in health systems and other public health agencies**

*\* For medical graduates, it is mandatory to upload a soft copy of MBBS registration certificate or other relevant document with registration number along with application form.*

*\*\* course is open for Indian nationals only*

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## COURSE DESIGN AND DURATION

The course has been designed to be completed within 4 months. It would be an eLearning online program, largely self-taught and complemented with online lectures/videos and resources for additional reading.

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## COURSE CONTENTS

This eLearning course will cover the following topics pertaining to maternal, infant, young child and adolescent nutrition:

- Overview and importance of MIYCN- linkages of MIYCN with SDGs
- Nutrition during adolescence
- Maternal nutrition
- Infant and young child nutrition
- Counselling to improve the nutrition practices
- Health systems for delivering nutrition services



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## COURSE FEE

INR 2000

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## ADMISSION PROCESS

Candidates can apply to through <https://cdl.phfi.org/portal/>

Eligible candidates will be screened objectively, based on their academic qualifications and experience, by screening committee of the IIPH Delhi.



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## TEACHING METHODOLOGY

The course will be delivered through an interactive web-based platform and will utilize a blended online teaching/learning technique. The basic course structure includes a combination of interactive online computer-based sessions, online virtual lectures, assessments and recommended readings such as journal articles and text books in a modular online format.

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## EVALUATION AND AWARD OF ONLINE CERTIFICATE AND CREDITS

This will be a 12 credit\* modular course. Students will be evaluated online at the end of each module as well as through a final online examination at the end of the course. The final online certificate will be awarded only to the students who successfully complete the course and clear all the course requirements.

\* 12 ICOG-FOGSI credit points will be awarded at the end of the course to FOGSI members

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## SYSTEM REQUIREMENTS

- **Internet bandwidth:** 1 Mbps
- **Processor:** Intel pentium 4 or equivalent and above
- **RAM:** 512 MB and above (1 GB recommended)
- **Supported browsers:** Recent-Google Chrome, Mozilla, Safari, Internet Explorer and Microsoft Edge
- **Supported operating systems:** Windows 7 or higher with latest updates installed, Mac OS X 10.3 higher with latest updates installed, Linux and Android etc.
- **Headset with microphone** (web camera - optional)



## Unique Features of PHFI Centre for eLearning

- State-of-the-art learning management system
- Multidisciplinary faculty
- Self-paced learning
- Competency-driven curriculum
- Enriching virtual classroom experience
- Collaboratively developed programs with national and international organizations
- Wide range of programs in key areas of public health practice



## Other eLearning programs offered by PHFI

Details are available on our website

<https://cdl.phfi.org/portal/courses>



For course related queries, please contact:

### Program Officer (eLearning)

Indian Institute of Public Health – Delhi

3rd Floor, KIIT College of Engineering, KIIT College Campus,

Sohna Road-Mumbai Expressway, Bhondsi (Near Maruti Kunj), Gurugram-122102, Haryana, India

Ph.No. +91 124 4722900 Email: [miycn\\_el@iiphd.org](mailto:miycn_el@iiphd.org)

For more information & online application, please visit: <https://cdl.phfi.org>

Website: [www.phfi.org](http://www.phfi.org)